# Licking Valley Field House 1401 Licking Valley Rd. N.E. Newark, Ohio 43055

## **Field House Guidelines**

#### A. General Guidelines:

- 1. A building use form must be completed and approved before utilizing the facility
- 2. Building use forms must contain all relevant information to the use
- **3.** Each coach must complete a building use form to practice/train one or more students
- **4.** Each coach must be present prior to student(s) entering the building for practice/training and after student(s) leave from practice/training
- **5.** Each coach must be present during student(s) practice/training at all times throughout the building
- **6.** Return area in use to original state after use
- 7. Each coach (last coach to leave the facility) must secure all exterior doors, windows, and turn off interior lighting prior to exiting the building
- **8.** Key fobs and interior building keys must be approved by athletic director
- **9.** No loaning of assigned key fobs or building keys to a student, staff member, or community member
- **10.** Do not prop open main front doors
- 11. Communicate pertinent guidelines to each student athlete

#### **B.** Multi-Purpose Room Guidelines:

- 1. No food or drink (water only)
- 2. No use of football, baseball, softball, or track cleats in any part of the facility
- **3.** Do not utilize window cage protection as a means for attaching exercise equipment
- **4.** Do not use building structure as exercise equipment
- 5. Do not utilize interior walls, windows, doors or garage door as a backstop
- **6.** No bouncing exercise equipment off of interior walls
- 7. Must use base material to protect artificial turf during pitching and batting exercises
- **8.** No live baseball hitting outside of the batting cage
- 9. No T-ball hitting outside of the batting cage
- 10. No soft-toss baseball hitting outside of the batting cage
- 11. No student use of ball and bat during ground ball practice drill
- 12. Ground ball practice must take place at approved location, with coach involved
- 13. Do not prop open front set of door to multi-purpose room
- 14. Open back set of doors during exhaust fan use

#### C. Weight Room:

- 1. 1. through 6. of multi purpose room guidelines apply to weight room
- 2. Do not remove weight equipment from the facility
- 3. Return equipment to designated storage area after use
- 4. Sanitize equipment after use
- 5. Do not prop open front set of doors to the weight room
- **6.** Open back set of doors during exhaust fan use

## D. Wrestling Room:

- 1. 1. through 6. of multi-purpose room guidelines apply to wrestling room
- 2. Approved wrestling shoes must be worn on wrestling mat
- 3. No students allowed in wrestling area during off season

## E. Process for volunteer consideration:

- 1. Volunteer form must be handed out by a Licking Valley head coach.
- **2.** The form must be filled out by the volunteer member and returned back to the head coach.
- **3.** The head coach must submit the form to the athletic director and superintendent for approval.
- **4.** Once approved, copies of the form must be filed at the district office, distributed to the head coach, alumni member, and to the head custodian of the facility.
- **5.** All volunteers must be accompanied by a member of the coaching staff athletic group that they have applied for while utilizing the facility.
- **6.** A building use form must be completed if the volunteer and coach plan to utilize the facility for an extended period of time.
- 7. Volunteers will not be issued key fobs or interior building keys
- **8.** Volunteers must complete FBI/BCI background checks prior to becoming a volunteer and utilizing the facility